Arroyo Beach Volleyball Camp

San Diego, CA
August 1—6, 2010

- **Located at the beautiful, beachfront campus of the University of San Diego**
- **Extensive beach and indoor volleyball training**
- **Cross training through surfing, kayaking, and stand-up paddle-**

- **Fundamental skill development**
- **Delicious & healthy meals**
- **Stay on campus, 1 mile from the ocean**
- **Specialized training in:**
  - **Core Strength**
  - **Yoga**
  - **Nutrition**
  - **Ocean Water Sports**

Cost: $975 (All Inclusive)

For more information, please contact Arroyo Volleyball Club:
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